Step 2

Progress in Reaching Local Wellness Policy (LWP) Goals & Compliance with the Wellness Policy

At a minimum, wellness policies are required to include:

- Specific goals for each of the following areas:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Instructions - Progress in Reaching LWP Goals:

Using the template below, identify the language that is currently included in the LWP for each goal area and indicate whether the goal was met, partially met, or not met. Provide a summary of the progress made towards each goal for each grade level (elementary, middle school, high school) within your school/district/Residential Child Care Institution (RCCI).

1. Nutrition Education Goal/Nutrition Promotion Goal (REQUIRED)

The district/school will provide sequential, comprehensive, and behavior-focused nutrition education to promote healthy eating habits and student wellness.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

(X) Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal for any grade level.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #1: Nutrition Education Goal/Nutrition Promotion Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

● **Elementary School**: Basic nutrition education is taught within the general health curriculum (NE2 score 1). However, lessons are not fully behavior-focused or interactive (NE1 score 0). The school will integrate hands-on, participatory nutrition activities into elementary health units.

● **Middle School**: Sequential nutrition education is provided in health classes (NE3 score 1). To fully meet the goal, the school plans to integrate nutrition topics across other academic subjects (e.g., science, social studies) (NE5 score 0).

2. Physical Activity Goal (REQUIRED)

The school will ensure all students engage in daily physical activity opportunities through structured physical education instruction, recess, and active movement throughout the school day.

a. Was the goal met?

(X) Yes - the school/district/RCCI met this goal across all grade levels.

( ) Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

( ) No - the school/district/RCCI did not meet this goal across all grade levels. Page 2



b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #2: Physical Activity Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School:**Fully met. All elementary students receive required physical education minutes (PEPA4 score 2) taught by certified PE teachers (PEPA7 score 2), alongside daily structured recess (PEPA13 score 2).
- **Middle School:** Fully met. Middle school students meet weekly PE time requirements (PEPA5 score 2) with a curriculum focused on promoting a physically active lifestyle (PEPA3 score 2).

3. Other Student/School Wellness Goal (REQUIRED)

The school will create a healthy school environment by prohibiting the use of food as a reward and ensuring physical activity is never used or withheld as a punishment.

a. Was the goal met?

(X) Yes - the school/district/RCCI met this goal across all grade levels.

Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #3: Other Student/School Wellness Goal. If the goal was partially met or not met, explain what steps the

school/district/RCCI will take to meet the goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School:** Fully met. School guidelines strictly enforce using non-food items for rewards (NES13 score 2) and prohibit withholding recess or physical activity as punishment (PEPA18/PEPA19 score 2).
- **Middle School:** Fully met. Teachers adhere to policies prohibiting food rewards (NES13 score 2) and ensure physical activity is not used as a disciplinary measure (PEPA18/PEPA19 score 2).

4. Additional Goal (Optional)

If the LWP includes more than the 3 required goals, delete this text and type additional Wellness Goal from the current LWP in this area.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet this Additional Goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School**: Delete this text and type your response here....
- **Middle School**: Delete this text and type your response here....
- **High School**: Delete this text and type your response here....

Extent of Compliance with Wellness Policy

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each

category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Single site schools/districts and RCCIs - indicate your school's/district's/RCCIs extent of compliance for the following wellness policy requirements. Practices should align with written wellness policy.

1. Federal/State Meal Standards (e.g., School Meals and Smart Snacks) Not Compliant (if checked, complete notes section below)
Partially Compliant (if checked, complete notes section below)
(X) Compliant (skip to question 2)

Notes: Delete this text and type notes on efforts being made to bring school/district/RCCI into compliance

2. Foods/Beverages Offered but Not Sold Standards (e.g., classroom/school celebrations)
Not Compliant (if checked, complete notes section below)
Partially Compliant (if checked, complete notes section below)
(X) Compliant (skip to question 3)

Notes: N/A (Compliant based on FR11 rating of 2).

3. Food/Beverage Marketing and Advertising Standards
Not Compliant (if checked, complete notes section below)
(X) Partially Compliant (if checked, complete notes section below)
Compliant (skip to question 4)

Notes: Marketing standards are currently unaddressed/not applicable in the written policy (FR12 score NA). Efforts are underway to adopt explicit language restricting campus marketing to only foods and beverages that meet USDA Smart Snacks standards prior to the next policy update.

4. Describe how the public (parents, community members, etc.) were included and/or invited to participate in the LWP development, implementation, review, and update.

The school currently maintains a building-level wellness committee (IC2 score 1). Moving forward, the school will expand outreach through school newsletters, the public website, and parent-teacher meetings to actively invite parents, physical education teachers, health professionals, administrators, and community members to participate in the ongoing review and updating of the LWP (FR13/FR15).

Discussion/Notes:

Assessment completed as part of the Triennial Assessment requirement ending June 30, 2026. The building-level wellness team will utilize these findings to draft updated LWP language and submit proposed revisions to the board for review.